

## Determination of Benzodiazepines in serum by LC-on-line SPE-MS/MS using Spark Holland Symbiosis™ system and Recipe® ClinCal® calibrators.

---

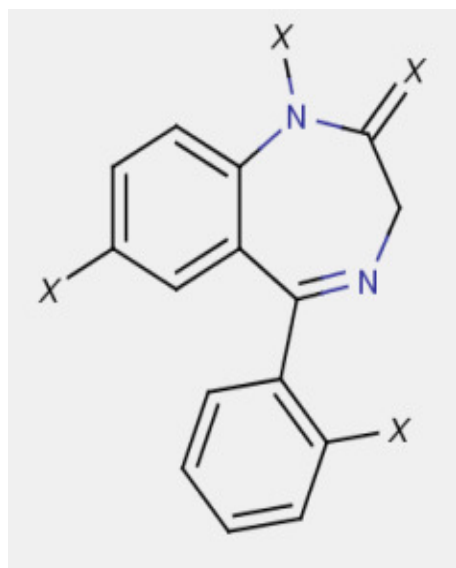
### Introduction:

A **benzodiazepine (benzo)** psychoactive drug whose core chemical structure is the fusion of a benzene ring and a diazepine ring. The first benzodiazepine, chlordiazepoxide (Librium) was discovered in 1955, and made available in 1960 by Hoffmann–La Roche, which has also marketed diazepam (Valium) since 1963.

Long-term use is controversial due to concerns about adverse psychological and physical effects, increased questioning of effectiveness and because benzodiazepines are prone to cause tolerance, physical dependence, and, upon cessation of use after long term use, a withdrawal syndrome.

Withdrawal from benzodiazepines, in general, leads to improved physical and mental health. <sup>[1]</sup>

[1] text from Wikipedia



Recipe® introduced the ClinMass® Complete Kit for Benzodiazepines in October of 2011.

This kit provides a reliable quantification of 33 different benzodiazepines and metabolites. The chromatography is modified by using a Core shell column with an analysis runtime of 15 minutes including on-line SPE sample preparation. Manual sample preparation is no longer required.

Recipe® provided the quantifier and qualifier masses and MS settings for all 33 compounds and 20 Deuterated internal standards to be used on the AB Sciex API4000. For this application note the ClinCal® Calibrators are used without the correction of the internal standards. This set contains one blank (level 0) and 3 calibration points (level 1-3). The concentrations in the three calibrators are different for the 33 benzodiazepines.

### Method .

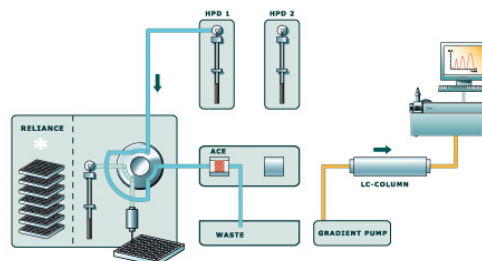
Because most benzodiazepines are neutral and non-polar at pH 7 and higher, water is used for the on-line SPE routine. For the development of the method a special standard containing 6 benzodiazepines in 1 mM Ammonium Carbonate (pH9) is used. The online SPE method is developed by testing the 8 different sorbents in the Spark HySphere™ method development tray (p/n: 90822.660).

The highest recoveries and best peak shapes were achieved with the HySphere™ C8EC SE (10x2 mm, 7μ) cartridge. After selecting the HySphere C8EC SE the wash was optimized by testing different percentages

Acetonitrile (ACN) in the cartridge wash solvent. The highest recoveries were achieved with 5% ACN in water wash.

*The final on-line SPE (XLC) method is:*

|                    |                                 |
|--------------------|---------------------------------|
| Cartridge:         | HySphere C8EC SE (p/n:0822.611) |
| Solvation          | 1 mL ACN (5 mL/min)             |
| Equilibration      | 1 mL water (5 mL/min)           |
| Sample application | 1 mL water (1 mL/min)           |
| Wash 1             | 1 mL water (5 mL/min)           |
| Wash 2             | 1 mL 5% ACN in water (5 mL/min) |
| Elution time       | 4 minutes LC gradient           |



*Autosampler:*

The Recipe®MS6013 calibrator kit contains four small bottles with dried spiked serum. In each calibrator exactly 1 mL of water is added and mixed for 15 minutes. The calibrators are ready to use, no additional sample preparation steps are necessary.

*Autosampler method*

|                     |                       |
|---------------------|-----------------------|
| Injection Mode:     | ul Pickup (Zero loss) |
| Injection volume:   | 10 µL                 |
| Speed:              | Normal                |
| HeadSpace pressure: | Off                   |
| Air segment:        | Off                   |
| Cooling:            | 10°C                  |
| Wash method:        |                       |



| Wash volume (ul) | Wash solvent    |
|------------------|-----------------|
| 700              | 5% ACN 0.2% FA  |
| 1000             | 40% ACN 0.2% FA |
| 700              | 5% ACN 0.2% FA  |

*LC method*

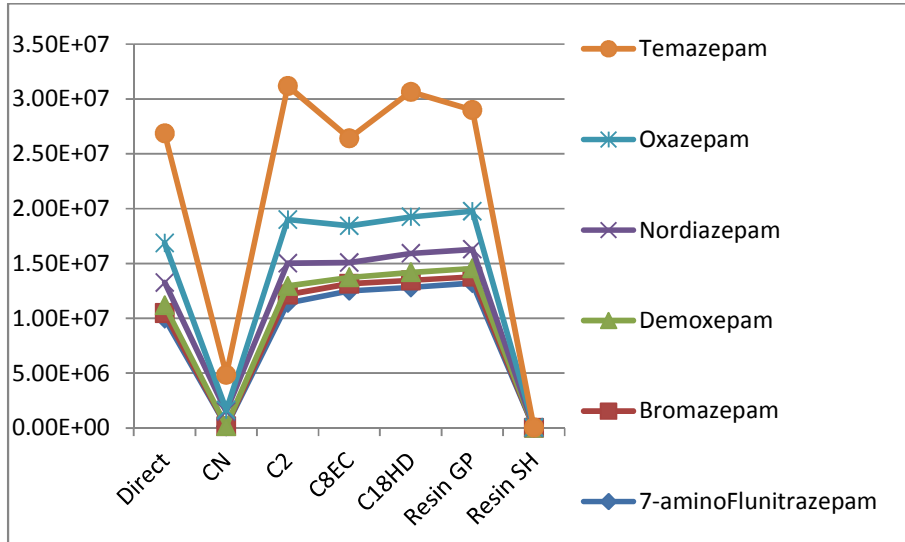
For the chromatography a Kinetex™ XB-C18 (50\*2.1 mm 2.6µ) Core Shell column from Phenomenex® is selected. Mobile phase A is 0.2% formic acid in water and mobile phase B is acetonitrile



| Pump time | Pump flow (ml/min) | Pump Fraction A % | Pump Fraction B % |
|-----------|--------------------|-------------------|-------------------|
| 00:00:01  | 0.30               | 90                | 10                |
| 00:00:30  | 0.30               | 90                | 10                |
| 00:09:00  | 0.30               | 5                 | 95                |
| 00:10:00  | 0.30               | 5                 | 95                |
| 00:10:15  | 0.30               | 90                | 10                |
| 00:15:00  | 0.30               | 90                | 10                |

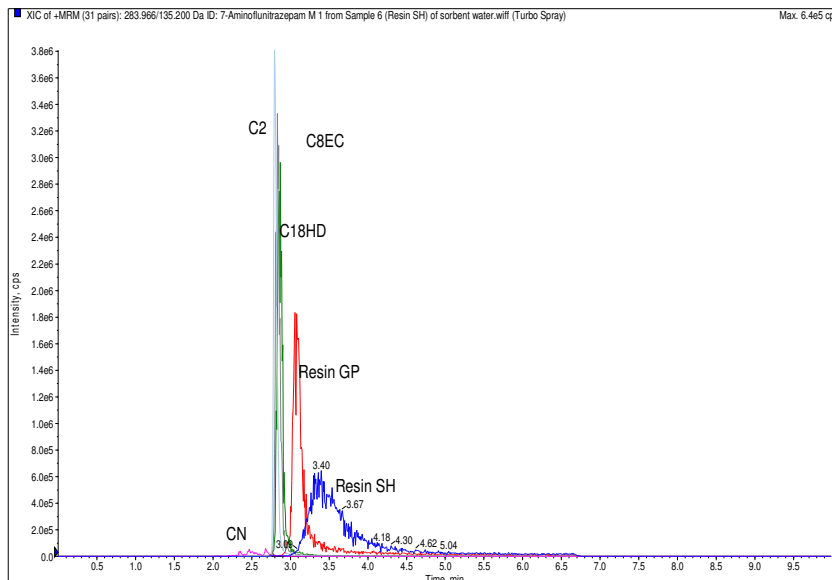
## Results

To develop the method a mixture of 6 Benzodiazepines (1 mM Ammonium Carbonate pH9) is used, this allows to check for recoveries of the on-line SPE method compared to the direct LC injection.



Comparison of the peak area of the direct LC injection and the 6 reversed phase sorbents of the HySphere™ method development tray.

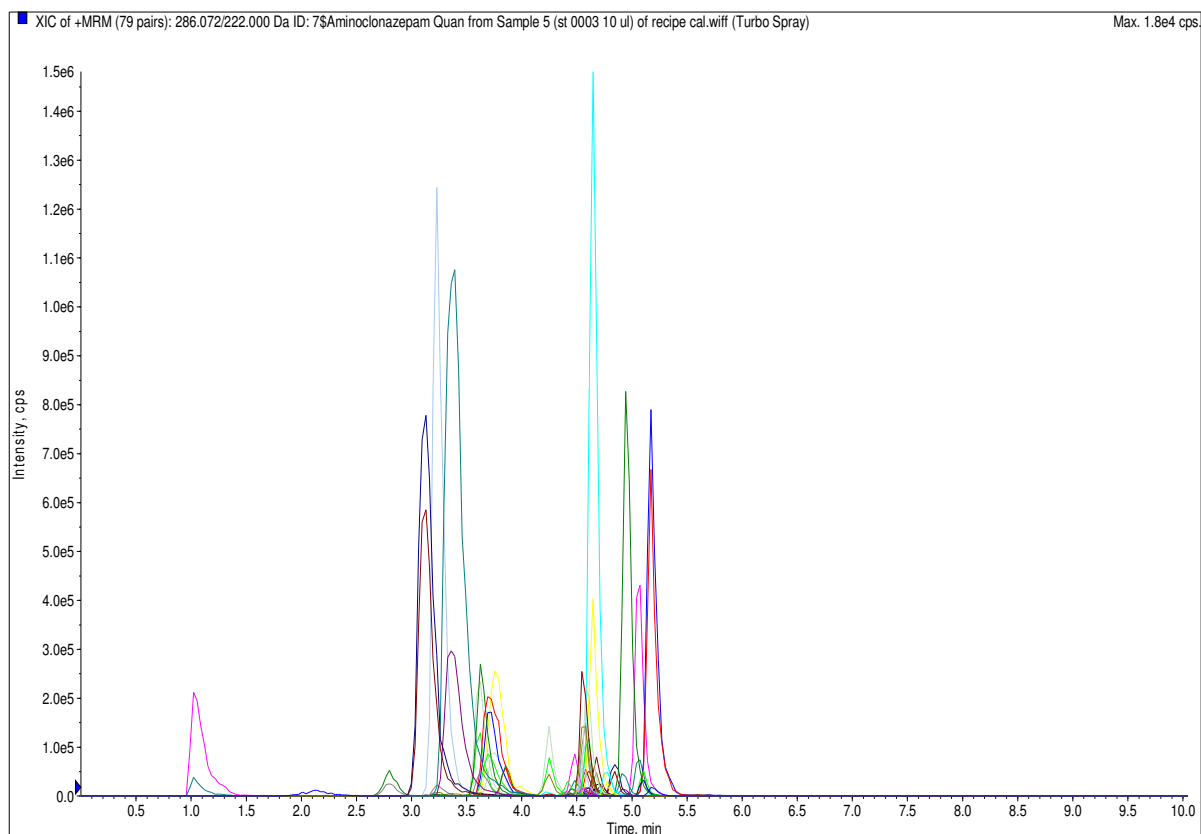
The HySphere™ C2, C8EC, C18HD and Resin GP achieve recoveries around 100% for the 6 compounds, the Resin GP is excluded from the wash optimization steps because of the poor peak shape for all compounds.



Overlay of 6 reversed phase sorbents peaks of 7-amino-flunitrazepam.

The 33 Recipe® benzodiazepine compounds have a very wide polarity range.

The C2 has a limited polarity range for trapping all the compounds, C18HD has too much retention of the stronger non-polar benzodiazepines and generate peaks with a large peak width. Therefore the C8EC SE is selected for running the Recipe® standards as it handles a wide polarity range and the compounds elute with a better peakshape from the C8EC SE than from the C18HD.



*On-line SPE: 10  $\mu$ L level 2 serum standard on a C8EC SE cartridge*

The Recipe® Clin Cal MS6013 Calibrator kit contains 4 levels. One level is a blank serum and the other three levels are spiked serum samples with different concentrations for the 33 benzodiazepines. Each level is injected three times and from the spiked levels a calibration curve is created. The list below shows the three levels per compound and the calibration curve correlation coefficient(R).

For the calibration curve the quantifier MS/MS setting results of the 33 Benzodiazepines are used. The qualifier MS/MS chromatogram is only used to confirm the retention time of the benzodiazepines.

| Calibration curve: Recipe® MS6013 Calibrators |                      |         |         |       |
|---|----------------------|---------|---------|-------|
| Analyt name                                   | Concentration MS6013 |         |         | R>=   |
|   | Level 1              | Level 2 | Level 3 |       |
| 7-Aminoclonazepam                             | 5.17                 | 26.5    | 78.3    | 0.996 |
| 7-Aminoflunitrazepam                          | 5.24                 | 27.1    | 80.2    | 0.998 |
| 7-Aminonitrazepam                             | 22.1                 | 111     | 332     | 0.996 |
| alpha-Hydroxyalprazolam                       | 5.34                 | 29.1    | 83.8    | 0.999 |
| alpha-Hydroxymidazolam                        | 21.5                 | 105     | 310     | 0.995 |
| alpha-Hydroxytriazolam                        | 4.62                 | 22.5    | 65.5    | 0.997 |
| Alprazolam                                    | 5.25                 | 26.3    | 82.7    | 0.995 |
| Bromazepam                                    | 31.5                 | 153     | 456     | 0.996 |
| Chlordiazepoxide                              | 223                  | 1060    | 2970    | 0.998 |
| Clobazam                                      | 47.7                 | 238     | 716     | 0.994 |
| Clonazepam                                    | 5.06                 | 25.5    | 73.4    | 0.999 |
| Demoxepam                                     | 216                  | 1090    | 3290    | 0.992 |
| Desalkylflurazepam (Norfludiazepam)           | 9.67                 | 50.8    | 151     | 0.996 |
| Desmethyflunitrazepam (Norflunitrazepam)      | 4.54                 | 24.9    | 74.2    | 0.991 |
| Diazepam                                      | 102                  | 450     | 1370    | 0.993 |
| Estazolam                                     | 42.8                 | 214     | 643     | 0.996 |
| Flunitrazepam                                 | 5.23                 | 27.1    | 79.0    | 0.996 |
| Flurazepam                                    | 8.54                 | 43.1    | 128     | 0.995 |
| Lorazepam                                     | 20.6                 | 103     | 297     | 0.997 |
| Lormetazepam                                  | 1.82                 | 9.11    | 27.3    | 0.991 |
| Medazepam                                     | 42.8                 | 206     | 604     | 0.999 |
| Midazolam                                     | 31.0                 | 151     | 459     | 0.993 |
| Nitrazepam                                    | 21.0                 | 103     | 311     | 0.999 |
| Norclobazam                                   | 266                  | 1360    | 4040    | 0.990 |
| Nordiazepam                                   | 83.3                 | 397     | 1170    | 0.993 |
| Oxazepam                                      | 125                  | 627     | 1860    | 0.999 |
| Prazepam                                      | 83.3                 | 433     | 1220    | 0.990 |
| Temazepam                                     | 43.3                 | 220     | 636     | 0.995 |
| Tetrazepam                                    | 40.9                 | 204     | 613     | 0.999 |
| Trazodone                                     | 165                  | 828     | 2520    | 0.990 |
| Triazolam                                     | 4.02                 | 20.1    | 60.3    | 0.993 |
| Zaleplon                                      | 8.37                 | 43.3    | 131     | 0.999 |

## Conclusion:

From this study it can be concluded that within a time frame of only a few days it is possible to develop a XLC-MS method for the 33 Benzodiazepines with a recovery of more than 90% for the 6 test Benzodiazepines.

For the 33 Benzodiazepines in serum the calibration curve correlation coefficient is more than 0.99% for all compounds.

The accuracy is between 90-110% for all 33 compounds and the three levels.

The precision of all compounds is below 15% for the level 1 (LOQ) and less than 10% for level 2 and 3.

All measurement are performed without the use of an internal standard and each sample is injected 3 times (n=3)

## Acknowledgment

Spark Holland b.v. would like to thank Recipe<sup>®</sup> for the supply of the Benzodiazepine ClinCal 6013 kit and the MS settings for the AB Sciex API 4000.

## Appendix:

Recipe<sup>®</sup> Mass settings with quantifier, qualifier and internal standards mass settings for AB Sciex API 4000 and 4000qtrap.

| Analyt name                | Q1      | Q3    | dwell | DP | EP | CE | CXP |
|----------------------------|---------|-------|-------|----|----|----|-----|
| 7\$Aminoclonazepam Quan    | 286.072 | 222   | 20    | 71 | 10 | 37 | 16  |
| 7\$Aminoclonazepam\$D4     | 290.031 | 226.1 | 20    | 76 | 10 | 35 | 14  |
| 7\$Aminoflunitrazepam Quan | 284.197 | 135   | 20    | 81 | 10 | 41 | 12  |
| 7\$Aminoflunitrazepam Qual | 284.197 | 227.2 | 20    | 81 | 10 | 37 | 14  |
| 7\$Aminoflunitrazepam\$D7  | 291.222 | 138.1 | 20    | 61 | 10 | 41 | 10  |
| 7\$Aminonitrazepam Quan    | 252.175 | 121   | 20    | 76 | 10 | 37 | 10  |
| 7\$Aminonitrazepam Qual    | 252.175 | 94.2  | 20    | 76 | 10 | 59 | 12  |
| alpha\$OH\$Alprazolam Quan | 325.122 | 297.2 | 20    | 46 | 10 | 37 | 12  |
| alpha\$OH\$Alprazolam Qual | 325.122 | 216.1 | 20    | 46 | 10 | 55 | 14  |
| alpha\$OH\$Alprazolam\$D5  | 330.228 | 302.2 | 20    | 36 | 10 | 41 | 12  |
| alpha\$OH\$Midazolam Quan  | 342.124 | 324   | 20    | 76 | 10 | 31 | 22  |
| alpha\$OH\$Midazolam Qual  | 342.124 | 203   | 20    | 76 | 10 | 37 | 18  |
| alpha\$OH\$Midazolam\$D4   | 346.073 | 168.1 | 20    | 76 | 10 | 59 | 10  |
| alpha\$OH\$Triazolam Quan  | 359.3   | 176   | 20    | 41 | 10 | 37 | 20  |
| alpha\$OH\$Triazolam\$D4   | 362.954 | 243   | 20    | 56 | 10 | 65 | 24  |
| Alprazolam Quan            | 309.177 | 205.2 | 20    | 51 | 10 | 61 | 14  |
| Alprazolam\$D5             | 314.182 | 286.1 | 20    | 71 | 10 | 41 | 20  |
| Bromazepam Quan            | 316.091 | 182.1 | 20    | 71 | 10 | 49 | 18  |
| Bromazepam Qual            | 316.091 | 209.1 | 20    | 71 | 10 | 37 | 12  |
| Chlordiazepoxid\$D5        | 305.193 | 286.1 | 20    | 56 | 10 | 33 | 22  |
| Chlordiazepoxide Quan      | 300.056 | 227   | 20    | 61 | 10 | 35 | 18  |
| Clobazam Quan              | 300.948 | 258.9 | 20    | 56 | 10 | 29 | 16  |
| Clobazam Qual              | 300.948 | 224   | 20    | 56 | 10 | 47 | 14  |
| Clonazepam Quan            | 316.053 | 269.9 | 20    | 56 | 10 | 39 | 24  |



|                             |         |       |    |    |    |    |    |
|-----------------------------|---------|-------|----|----|----|----|----|
| Clonazepam Qual             | 316.053 | 214   | 20 | 56 | 10 | 57 | 16 |
| Clonazepam\$D4              | 320.118 | 274   | 20 | 56 | 10 | 37 | 24 |
| Demoxepam Quan              | 287.4   | 180.2 | 20 | 60 | 10 | 34 | 15 |
| Demoxepam Qual              | 287.4   | 269.1 | 20 | 60 | 10 | 43 | 15 |
| Desalkylflurazepam Quan     | 289.143 | 140   | 20 | 81 | 10 | 41 | 12 |
| Desalkylflurazepam Qual     | 289.143 | 226.1 | 20 | 81 | 10 | 41 | 18 |
| Desmethylflunitrazepam Quan | 300.1   | 254.3 | 20 | 66 | 10 | 37 | 14 |
| Desmethylflunitrazepam Qual | 300.1   | 198.1 | 20 | 66 | 10 | 51 | 18 |
| Diazepam Quan               | 285.171 | 153.9 | 20 | 71 | 10 | 39 | 14 |
| Diazepam Qual               | 285.171 | 193   | 20 | 71 | 10 | 45 | 14 |
| Diazepam\$D5                | 290.163 | 154   | 20 | 51 | 10 | 39 | 10 |
| Estazolam Quan              | 295.082 | 267.1 | 20 | 36 | 10 | 39 | 12 |
| Estazolam Qual              | 295.082 | 205.1 | 20 | 36 | 10 | 61 | 18 |
| Estazolam\$D5               | 300.204 | 271.9 | 20 | 56 | 10 | 35 | 12 |
| Flunitrazepam Quan          | 314.108 | 268.1 | 20 | 81 | 10 | 37 | 28 |
| Flunitrazepam Qual          | 314.108 | 239   | 20 | 81 | 10 | 49 | 16 |
| Flunitrazepam\$D7           | 321.158 | 246   | 20 | 66 | 10 | 51 | 16 |
| Flurazepam Quan             | 388.16  | 315.1 | 20 | 71 | 10 | 35 | 18 |
| Flurazepam Qual             | 390.15  | 317.1 | 20 | 66 | 10 | 33 | 20 |
| Lormetazepam Quan           | 335.077 | 289   | 20 | 56 | 10 | 29 | 12 |
| Lormetazepam Qual           | 337.07  | 291   | 20 | 61 | 10 | 33 | 18 |
| Lorazepam Quan              | 322.989 | 276.9 | 20 | 51 | 10 | 29 | 18 |
| Lorazepam Qual              | 320.996 | 229   | 20 | 71 | 10 | 43 | 22 |
| Lorazepam\$D4               | 325.046 | 278.9 | 20 | 51 | 10 | 31 | 20 |
| Medazepam Quan              | 271.226 | 206.9 | 20 | 36 | 10 | 39 | 16 |
| Medazepam Qual              | 271.226 | 91    | 20 | 36 | 10 | 45 | 12 |
| Midazolam Quan              | 326.054 | 291.1 | 20 | 81 | 10 | 39 | 20 |
| Midazolam Qual              | 326.054 | 249   | 20 | 81 | 10 | 55 | 16 |
| Midazolam\$D4               | 330.158 | 295   | 20 | 76 | 10 | 39 | 12 |
| Nitrazepam Quan             | 282.113 | 236   | 20 | 66 | 10 | 37 | 12 |
| Nitrazepam Qual             | 282.113 | 180   | 20 | 66 | 10 | 55 | 16 |
| Nitrazepam-D5               | 287.041 | 185   | 20 | 31 | 10 | 53 | 18 |
| Norclobazam Quan            | 287.068 | 245   | 20 | 41 | 10 | 29 | 14 |
| Norclobazam Qual            | 287.068 | 210   | 20 | 41 | 10 | 45 | 12 |
| Nordiazepam Quan            | 271.206 | 140   | 20 | 41 | 10 | 39 | 12 |
| Nordiazepam Qual            | 271.206 | 165   | 20 | 41 | 10 | 43 | 14 |
| Nordiazepam-D5              | 276.02  | 140   | 20 | 76 | 10 | 41 | 12 |
| Oxazepam Quan               | 287.106 | 241.1 | 20 | 41 | 10 | 19 | 14 |
| Oxazepam Qual               | 287.106 | 268.8 | 20 | 41 | 10 | 31 | 14 |
| Oxazepam-D5                 | 292.145 | 245.9 | 20 | 41 | 10 | 35 | 22 |
| Prazepam Quan               | 325.23  | 271   | 20 | 71 | 10 | 33 | 26 |
| Prazepam-D5                 | 330.132 | 276.1 | 20 | 61 | 10 | 35 | 16 |
| Temazepam Quan              | 301.082 | 255   | 20 | 46 | 10 | 35 | 22 |
| Temazepam-D5                | 306.302 | 260.1 | 20 | 46 | 10 | 33 | 16 |
| Tetrazeepam Quan            | 289.116 | 197   | 20 | 71 | 10 | 53 | 16 |
| Tetrazeepam Qual            | 289.116 | 167   | 20 | 71 | 10 | 83 | 14 |
| Trazodone Quan              | 372.1   | 148   | 20 | 60 | 10 | 52 | 12 |
| Trazodone Qual              | 372.1   | 176.1 | 20 | 60 | 10 | 52 | 12 |



|                |         |       |    |    |    |    |    |
|----------------|---------|-------|----|----|----|----|----|
| Triazolam Quan | 343.025 | 308.1 | 20 | 71 | 10 | 39 | 18 |
| Triazolam Qual | 343.025 | 239.1 | 20 | 71 | 10 | 59 | 14 |
| Triazolam-D4   | 346.901 | 312.1 | 20 | 91 | 10 | 39 | 10 |
| Zaleplon Quan  | 306.17  | 236   | 20 | 76 | 10 | 43 | 14 |
| Zolpidem Quan  | 308.094 | 234.9 | 20 | 46 | 10 | 51 | 16 |
| Zolpidem Qual  | 308.094 | 236   | 20 | 46 | 10 | 39 | 14 |
| Zolpidem-D6    | 314.275 | 234.8 | 20 | 60 | 10 | 52 | 12 |